

Appendix A: UConn FSNE Overall State Nutrition Education Report Summary

State Summary of Projects								
A project is a discrete unit of nutrition education intervention at the local level.								
	Title	Location		Audience	Delivery Method	Content		Evaluation Type
	Project Name	Geographic Location (Statewide or Counties Reached)	Type & Number of Delivery Sites	Note if this project was delivered to a specific segment of FSP eligible	Primary method(s) used (e.g. one-on-one or group/classes)	Primary Core element Covered	Key Messages	Indicate formative, process, impact or none.
1.	Hispanic Health Council	Hartford, New Britain, Bloomfield, Storrs	2,409 Schools, Community Agencies, Health Fairs	Adults, Parents, pregnant and post partum women children, toddlers	20, 30 & 40 minute group classes, & one on one discussions	Dietary Quality, Food Security, Food Access, Food Safety,	Healthy Lifestyles, Diabetes Prevention Obesity Prevention	Process, pre & post test
2.	Husky Nutrition	Hartford	Food Stamp Offices, Community agencies, Day care centers, summer day camps, pediatric waiting rooms, medical facilities	Families, Parents, Children who are food stamp recipients or eligible.	Group classes, small groups, facilitated discussions, interactive displays, one on one discussions	Dietary quality, Food Safety, Food Insecurity	Follow the Food Guide Pyramid, increase fruits & vegetables read food labels, watch fat, sugar & salt. Plan ahead for meals, using	Process, formative, impact

							foods from food pantries	
3.	Food Security	Statewide	99 community agencies, soup kitchens, food pantries, after school programs	Food stamp recipients & eligibles in community based programs & food pantries	Group classes	Dietary Quality, Food Safety, Food Insecurity	Follow FG Pyramid, increase fruits & vegetables read food labels, watch fat, sugar & salt, Plan ahead for meals, using foods from food pantries	Process Feedback
4.	4H Summer Nutrition	New Haven county	6 summer meal sites, community Action Agency, Farmer's Market	Food Stamp recipient & eligible households	32 group classes, newsletters, food demos, parent newsletters	Dietary quality, Food Resource Mgt, Food Safety	Be Healthy, Be Active, Avoid Obesity	