

CURRICULUM VITAE

Amy R. Mobley, PhD, RD

Department of Nutritional Sciences
 University of Connecticut
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Education

Ph.D.	University of Maryland, College Park, MD Nutrition	2006
M.S.	The Ohio State University, Columbus Ohio Human Nutrition	1998
R.D.	Post Graduate Dietetic Internship The Ohio State University, Columbus, OH	1997
B.S.	The Pennsylvania State University, University Park, PA Applied Nutrition	1996

Registration

1998-present	Registered Dietitian, Commission on Dietetic Registration Academy of Nutrition and Dietetics #846167
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Academic and Professional Experience

8/17-present	Associate Professor with Tenure , Department of Nutritional Sciences, University of Connecticut, Storrs, CT
8/11-7/17	Assistant Professor , Department of Nutritional Sciences, University of Connecticut, Storrs, CT
2/16-present	Affiliate , Rudd Center for Food Policy & Obesity, University of Connecticut
12/14-present	Affiliate , Center for Environmental Health and Health Promotion, University of Connecticut, Storrs, CT
9/11-present	Principal Investigator , Institute for Collaboration on Health, Intervention, and Policy (InCHIP), University of Connecticut, Storrs, CT
9/10-8/11	Faculty Associate , Center on Aging and the Life Course, Purdue University
4/07-8/11	Director , Indiana's Food for the Hungry Program, Purdue University
8/06-8/11	Clinical Assistant Professor and SNAP-Ed Extension Specialist Department of Foods and Nutrition, Purdue University, West Lafayette, IN

9/7/2017

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- 8/02-1/06 **Nutrition Scientist** - Contractor, National Institutes of Health
Office of Dietary Supplements (ODS), Bethesda, MD
- 8/02-6/05 **Graduate Teaching Assistant**
Dept of Nutrition and Food Science, University of Maryland, College Park, MD
- 6/03-8/04 **Lecturer**
Dept of Nutrition and Food Science, University of Maryland, College Park, MD
- 10/00-8/02 **Nutrition Communication Manager**/Public Relations Manager
American Dairy Association & Dairy Council Mid East, Columbus, OH
- 3/01-8/02 **Media Spokesperson Ambassador**
National Dairy Council, Rosemont, IL
- 5/01-12/01 **Research Assistant**, NIH funded Bone Mass and Nutritional Status of Children
with Fracture Study, The Ohio State University Bone and Mineral Metabolism
Lab, Columbus, OH
- 7/98-10/00 **Nutrition Communication & Program Coordinator**
American Dairy Association & Dairy Council Mid East, Columbus, OH
- 5/97-9/97 **Graduate Research Associate**
Department of Human Nutrition, The Ohio State University
- 5/97-8/97 **Graduate Research Associate**
Women's Health Initiative (WHI) Research Study, The Ohio State University
- 9/96-6/97 **Graduate Teaching Associate**
Department of Human Nutrition, The Ohio State University
- 9/95-5/96 **Nutrition Counselor**
Nutrition Clinic, The Pennsylvania State University
- 9/94-5/96 **Nutrition Peer Educator**
HealthWorks Peer Education Program, The Pennsylvania State University
- 9/95-5/96 **HealthWorks Peer Educator Trainer**
HealthWorks Peer Education Program, The Pennsylvania State University

Honors and Awards

- 2016 Kinsman Excellence in Teaching Award, College of Agriculture, Health and Natural
Resources, University of Connecticut
- 2015 Dannon Institute Early Career Nutrition Leadership Institute
- 2015 Weight Management Dietetic Practice Group Speaker Travel Award, Academy
of Nutrition and Dietetics
- 2012 Jeanne M. Priester Award for "All 4 Kids" Outstanding Statewide/Multi-State Program
- 2011 Seed for Success, Excellence in Research Award, Purdue University

2011	Nutrition Education for the Public (NEP) Award for Excellence, NEP Dietetic Practice Group, American Dietetic Association
2011	Award for Excellence in Distance Learning, Non-Credit Course, Purdue University
2010	Teaching for Tomorrow Award Fellow, Purdue University
2010	Nominee, Charles B. Murphy Outstanding Undergraduate Teaching Award, Purdue University
2010	Mary L. Matthews Undergraduate Teaching Award, College of Consumer and Family Sciences, Purdue University
2009	Outstanding Teaching Award, Department of Foods and Nutrition, Purdue University
2006	Dean's Dissertation Fellowship, The Graduate School, University of Maryland
2006	Penn State Nutrition & Dietetics Alumni Society MACS (Mentoring, Awards, Communications, Social/Professional events) Award
2006	Jacob K. Goldhaber Travel Grant, The Graduate School & Department of Nutrition and Food Science, University of Maryland
2005	Mary Swartz Rose Memorial Graduate Scholarship, American Dietetic Association (ADA) Foundation
2005	Returning Graduate Student Scholarship Award, Maryland Dietetic Association Foundation
2004	Mead Johnson/Bristol Myers Squibb Scholarship, ADA Foundation
2004	Eleanora Sense Memorial Scholarship, ADA Foundation
2004	Graduate Research Interaction Day, University-wide competition, University of Maryland, 2 nd Place, Social & Behavioral Sciences Category
2003	Annual Nutrition Research Poster Competition, Dept. of Nutrition and Food Science, University of Maryland, 1 st Place, New Students Category
2002	Distinguished Service Award, American Dairy Association & Dairy Council Mid East
2001	Recognized Young Dietitian of the Year (Ohio), American Dietetic Association
2001	Emerging Professional Award, College of Health and Human Development Alumni, The Pennsylvania State University
1999	Outstanding Dietetic Intern Award (Ohio), American Dietetic Association
1995	Penn State University Health and Human Development Honor Society

Grants and Contracts

External Grants:

1. "Development and Evaluation of Nutrition Communication Strategies to Prevent Early Childhood Obesity" (October 1, 2017-September 30, 2018); **PI: Amy R. Mobley**: USDA Hatch grant, **\$11,121 direct costs**
2. "Peer Support for Weight Loss Maintenance" (July 1, 2017-June 30, 2022) **Co-I: Amy R. Mobley**: NIH 1 R01DK111232-01 (PI: Tricia Leahey) **\$3,890,568 total costs**
3. "Development and pilot testing of mHealth enhancements for a father-focused childhood obesity prevention program" (June 1, 2017-May 31, 2019) **PI: Amy R. Mobley**: USDA/AFRI Childhood Obesity Prevention Challenge Area, **\$150,000 total costs**
4. "Father-Focused Nutrition and Parenting Program to Help Prevent Childhood Obesity in Preschool Age Children" (May 1, 2016 – April 30, 2018); **PI: Amy R. Mobley**: NICHD/1R21HD087817-01, **\$419,800 total costs**

5. “Bridging the Gap: Summer Experiential Learning in Food and Nutrition.” (Feb 1, 2016-Jan 31, 2019): **Co-I: Amy R. Mobley:** USDA/AFRI (PI: Hedley Freake) **\$275,746 total costs**
6. “Development of evidence-based child feeding messages to prevent obesity in early childhood.” (October 1, 2015-September 1, 2017), **PI: Amy R. Mobley:** Child Health and Development Institute of Connecticut, Inc., **\$75,703 total costs**
7. “Evaluation of nutrition education efforts to prevent childhood obesity from preconception to preschool in low-income families” (October 1, 2012-September 30, 2017); **PI: Amy R. Mobley:** USDA Hatch grant, **\$71,900 direct costs**
8. “Mobilizing Rural Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity” (March 1, 2011-March 14, 2017); **Co-PI: Amy R. Mobley:** USDA/Agriculture and Food Research Initiative, **\$260,674 total costs for Co-PI** (PI: Paula Peters, Kansas State University, **\$4,500,000 total costs**)
9. “Test of a theory-based weight loss program for couples: Project TEAMS”(December 1, 2014-November 30, 2016), **Co-PI: Amy R. Mobley:** NIH/1R21HL125157 (PI: Amy Gorin) **\$432,705 total costs**
10. “All 4 Kids: Resiliency in an Obesogenic Environment” (March 1, 2010-February 28, 2015); **Subcontract PI: Amy R. Mobley:** USDA/Agriculture and Food Research Initiative, **\$36,056 for subcontract** (PI: Madeleine Sigman-Grant, University of Nevada, **\$1,100,000 total costs**)
11. “Indiana’s Food for the Hungry” (April 1, 2007-August 5, 2011); **PI: Amy R. Mobley,** State of Indiana: USDA/The Emergency Food Assistance Program, **\$412,213 total costs**

Internal Grants:

1. “The impact of local foods on elementary school students’ nutrition behaviors” (June 19, 2017 – June 18, 2018) **PI: Amy R. Mobley:** UConn Collaboratory on School and Child Health, **\$10,000**
2. “Examining Food Insecurity, Depression, and Weight-Related Attitudes of Low-Income Mothers and Fathers” (May 8, 2017-August 25, 2017) **PI: Amy R. Mobley** mentor to Emily Taylor: Summer Undergraduate Research Fund Award, **\$3,500**
3. “A Poverty Simulation to enhance students’ attitudes and beliefs about nutritionally vulnerable individuals in the community.” (January 1, 2016-June 30, 2016) **PI: Amy R. Mobley:** UConn Provost’s Teaching Innovation Mini Grant, **\$2,635**
4. “Through a closer lens: Do cohabiting parents of young children interpret, perceive and cope with household food security issues differently?” (October 1, 2015-June 30, 2016), **PI: Amy R. Mobley:** UConn Scholarship Facilitation Fund, **\$1,960**
5. “Breaking through barriers that prevent low-income families from meeting the Dietary Guidelines for fruit, vegetables and whole grains: A novel behavioral-based approach translated to the community” (March 20, 2012-August 31, 2016); **PI: Amy R. Mobley:** Diet and Health Initiative, University of Connecticut, **\$50,000**

6. Center for Health, Intervention and Prevention (CHIP) Grant Development Summer Stipends for Junior Faculty; **PI: Amy R. Mobley**, summer 2015, **\$2,500**
7. “The Forgotten Parent: Paternal Influences on Young Children’s Eating Behaviors” University of Connecticut, Center for Health, Intervention and Prevention (CHIP), New Investigator Grant (April 1, 2013-June 30, 2015), **PI: Amy R. Mobley**, **\$7,500**
8. “Thinking Big about Obesity: Building Team Science Initiatives at UConn and UConn Health” Connecticut Institute for Clinical and Translational Science (CICATS) Core Interest Group Seed Grants, Center for Health, Intervention and Prevention (CHIP) Obesity Research Interest Group (November 27, 2013-June 30, 2014) **Co-PI: Amy R. Mobley** (PI: Amy Gorin, **\$30,000**)
9. “Exploring the Influence of Paternal Race/Ethnicity, Education Level, and Child Gender on Paternal Feeding Style” Summer Undergraduate Research Fund Award (SURF) (May 27, 2013-August 16, 2013), **PI: Amy R. Mobley** to mentor Rebecca Albanese, **\$2400**
10. “Dad and Me: A formative research project to determine scope and feasibility of a father-focused childhood obesity prevention program” (July 1, 2012-June 30, 2013); **PI: Amy R. Mobley**; UConn Research Foundation, Large Faculty Grant, **\$24,977** direct costs
11. “Determining the Key Drivers to Successful Implementation of School Wellness Policies in Preventing Childhood Obesity” (May 5, 2011-November 5, 2011); **Co-I: Amy R. Mobley**; Indiana CTSI Purdue Project Development Team, **\$10,000** (PI: Sharon Christ, Purdue University, Department of Human Development and Family Studies/Statistics)
12. “Beyond 5-A-Day: An Examination of Memorable Messages within a Fruit and Vegetable Intervention for Low-Income African Americans.” (June 1, 2010-May 31, 2011); **PI: Amy R. Mobley**; Purdue Research Foundation (PRF) Research Grant, **\$16,795**

Publications (Current: 28 peer reviewed, 49 abstracts)

*denotes graduate or undergraduate student advisee; #denotes corresponding/senior author

Peer reviewed:

1. Vollmer R.L.*, **Mobley A.R.**# Comparing Low-income Mother and Fathers' Concern for Young Children's Weight. *J Pediatr Nurs*. 2017 Aug 8. pii: S0882-5963(17)30118-5. doi: 10.1016/j.pedn.2017.08.017. [Epub ahead of print]
2. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.** # How Are Fathers' Demographic Characteristics Related to Preschool Age Children's Weight and Obesity Risk Factors? *Ecol Food Nutr*. 2017 Jul 13:1-12. doi: 10.1080/03670244.2017.1343726. [Epub ahead of print]
3. MUSAAD SM, SPEIRS KE, HAYES JT, **MOBLEY A.R.**, FITZGERALD N, JONES BL, VANBRACKLE A, SIGMAN-GRANT M. The impact of environmental, parental and child factors on health-related behaviors among low-income children. *Appetite*. 2017 May 1;112:260-271.
4. Scherr R., Laugero K., Graham D., Cunningham B., Jahns L., Lora K., Reicks M., **Mobley A.R.** # Innovative techniques for evaluating behavioral nutrition interventions. *Adv Nutr*. 2017 Jan 17;8(1):113-125

5. Avila B.*, Contreras D., **Mobley A.R.**[#], Peters P. Are parental rules associated with low-income rural children's consumption of fruits and vegetables in the Midwest? *J Hunger Environ Nutr* Online first Dec 23, 2016:1-10.
<http://dx.doi.org/10.1080/19320248.2016.1255695>
6. Peters P., Gold A., Abbott A., Contreras D., Keim A., Oscarson R., Procter S., Remig V., Smathers C., **Mobley A.R.**[#] A quasi-experimental study to mobilize rural low-income communities to assess and improve the ecological environment to prevent childhood obesity. *BMC Public Health*. 2016 May 4;16(1):376.
7. Buro B., Contreras D., Keim A., **Mobley A.R.**, Oscarson R., Peters P., Procter S., Remig V., Smathers C., Gold A. An ecological approach to exploring rural food access and active living for families with preschoolers. *J Nutr Educ Behav*. 2015;47:548-554.
8. Davis L.A.*, Morgan S.E., **Mobley A.R.**[#] The utility of the memorable messages framework as an intermediary evaluation tool for fruit and vegetable consumption in a nutrition education program. *Health Education & Behavior* 2016, 43(3): 321–327.
9. Foster J.S.*, Contreras D., Gold A., Keim A., Oscarson R., Peters P., Procter S., Remig V., Smathers C., **Mobley A.R.**[#] Evaluation of nutrition and physical activity policies and practices in childcare centers within rural communities. *Childhood Obesity* 2015 Oct;11(5):506-12.
10. Joseph L.*, Gorin A., Mobley S.L., **Mobley A.R.**[#] Impact of a short-term nutrition education childcare pilot intervention on preschool children's intention to choose healthy snacks and actual snack choices. *Childhood Obesity* 2015 Oct;11(5):513-20.
11. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.**[#] Investigating relationships between paternal perception of the role of the father and paternal feeding practices. *J Child Fam Stud* December 2015, Volume 24, Issue 12, pp 3734-3741.
12. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.**[#] Association of fathers' feeding practices and feeding style on preschool age children's diet quality, eating behavior and body mass index. *Appetite*, 2015 Jun 1; 89:274-81.
13. Vollmer R.L.*, Adamsons K., Gorin A., Foster J.S.*, **Mobley A.R.**[#] Investigating the relationship of body mass index, diet quality, and physical activity level between fathers and preschool age children. *J Acad Nutr Diet*. 2015;115:919-926.
14. **Mobley A.R.**, Jones J.M., Rodriguez J., Slavin J., Zelman K.M. Identifying Practical Solutions to Meet America's Fiber Needs: Proceedings from a Food & Fiber Summit. *Nutrients*, 2014 Jul 8;6(7):2540-51.
15. **Mobley A.R.**, Jensen J.D., Maulding M. Attitudes, beliefs and barriers related to milk consumption in older, low-income women. *J Nutr Educ Behav*, 2014:Nov-Dec;46(6):554-9.
16. Sigman-Grant M., Byington T., Lindsay A., Lu M., **Mobley A.R.**, Fitzgerald N., Hildebrand D. Preschoolers can distinguish between healthy and unhealthy foods: the All 4 Kids study, *J Nutr Educ Behav*, 2014;46(2):121-127.

17. Vollmer R.L.*, **Mobley, A.R.** # Parenting styles, feeding styles, and their influence on childhood obesogenic behaviors and body weight: a review, *Appetite*, 2013;71:232-241.
18. **Mobley A.R.**, Slavin J.L., Hornick B. The future of grains foods dietary guidance: Helping Americans make the most of their grain food choices, *J Nutr* 2013 Sep;143(9):1527S-1532S.
19. Vollmer R.L.*, **Mobley A.R.** # A Pilot Study to Explore How Low-Income Mothers of Different Ethnic/Racial Backgrounds Perceive and Implement Recommended Childhood Obesity Prevention Messages, *Childhood Obesity* June 2013;9(3):261-268.
20. Neuenschwander L.M.*, Abbott A., **Mobley A.R.** # Comparison of a web-based versus in-person nutrition education program for low-income adults, *J Acad Nutr Diet* 2013;113:120-126.
21. Clemens R., Kranz S., **Mobley A.R.**, Nicklas T.A., Raimondi M.P., Rodriguez J.C., Slavin J.L., Warsaw H. Filling America's fiber intake gap: Summary of a roundtable to probe realistic solutions with a focus on grain-based foods. *J. Nutr* 2012;142: 1390S–1401S.
22. Levine E., Abbatangelo-Gray J., **Mobley A.R.**, McLaughlin G.R., Herzog J. Evaluating MyPlate: An Expanded Framework Using Traditional and Nontraditional Metrics for Assessing Health Communication Campaigns. *J Nutr Educ Behav* 2012;44(4):S2-S12.
23. Yehle K.S., Chen A.M.H., Plake K.S., Yi J.S., **Mobley A.R.** A qualitative analysis of coronary heart disease patient views of dietary adherence and web-based and mobile-based nutrition tools. *J Cardiopulm Rehabil Prev* 2012;32(4):203-209.
24. **Mobley A.R.** Emergency food programs: Untapped opportunities for Extension? *Journal of Extension* August 2012;50(4). On-line: <http://www.joe.org/joe/2012august/rb8.php>
25. Neuenschwander L.M.*, Abbott A., **Mobley A.R.** # Assessment of low-income adults' access to technology: Implications for nutrition education. *J Nutr Educ Behav* 2012;44(1):60-65.
26. Sigman-Grant M., Strom H., Olson B., Wengreen H, Krogstrand K.S., **Mobley A.R.** Qualitative evidence of the disconnect between intent and interpretation of common child obesity prevention messages. *Forum for Family and Consumer Issues* December 2010: 15(3). On-line: <http://www.ncsu.edu/ffci/index.php>.
27. **Mobley A.R.**, Kraemer D., Nicholls J. Putting the nutrient rich foods index into practice. *J Am Coll Nutr* 2009;28(4):427S-435S.
28. **Rossi, A.L.**, Blostein-Fujii A., DiSilvestro R.A. Soy beverage consumption by young men: increased plasma total antioxidant status and decreased acute, exercise-induced muscle damage. *Journal of Nutraceuticals, Functional & Medical Foods* 2000: 3(1): 33-44.

Invited, Non-refereed:

1. **Mobley A.R.** Breaking barriers to fluid milk consumption in older adults. *Food Technology* June 2011: 22.

Book Reviews:

1. **Mobley A.R.** Nutrition Psychology: Improving Dietary Adherence. [New resources for nutrition educators]. *J Nutr Educ Behav* 2007;39(3):179-180.
2. **Mobley A.R.** Understanding Nutrition [New Resources for Nutrition Educators]. *J Nutr Educ Behav.* 2015;47:*:e1.

Abstracts – Conference Presentations (*denotes graduate or undergraduate student advisee):

1. **Mobley A.R.**, Chiero J.*, Chea M.*, Heller R.* Evaluation of Current Educational Materials to Prevent Early Childhood Obesity: A Content Analysis. *SNEB.* July 2017.
2. Foster J.*, Grenier R., **Mobley A.R.** Discourse Analysis - A Potential Analytical Technique for Nutrition Research. *SNEB.* July 2017.
3. Foster J.*, Gorin A., **Mobley A.R.** For Successful Weight Loss, Counting Calories Matters but Method Might Not. *FASEB J.* April 2017 31:136.8.
4. Heller R.*, Chiero J.*, Trout N., **Mobley A.R.** Providers' Perceptions of Child Feeding and Activity Recommendations Related to Early Childhood Obesity Prevention. *FASEB J.* April 2017 31:432.3.
5. Chea M.*, Foster J.*, Chiero J., **Mobley A.R.** Understanding the Barriers to Whole Grain Consumption Among Low-Income Adults. *FASEB J.* April 2017 31:956.10.
6. Chea M.*, **Mobley A.R.** Comparing the Interpretation of the Dietary Guidelines for Americans Consumer Messages in Low-Income Adults from Different Ethnic and Racial Backgrounds. *J Acad Nutr Diet,* October 2016.
7. Chea M.*, **Mobley A.R.** Perceptions, Beliefs, and Implementation of the Dietary Guidelines for Americans Consumer Messages by Low-Income Parents. *FASEB J.* April 2, 2016
8. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.** Association of Fathers' Income and Education Level with Childhood Obesity Risk Factors in Preschool Age Children. *FASEB J.* April 2, 2016
9. Fitzgerald N., Theiss J., Dewar J., Wozniak A., Musaad S., **Mobley A.R.**, Sigman-Grant S. Racial/Ethnic Differences in the Associations between Parents' Body Mass Index, Behaviors and Child Weight Status. *SNEB,* July 2015.
10. Chea M.*, Foster J.S.*, **Mobley A.R.** Accuracy of Consumers' Ability in Identifying Whole Grains Foods: Implications for Policy Change. *FASEB J.* March 28, 2015.
11. Foster J.S.*, Adamsons K., Vollmer R.L.*, **Mobley A.R.** Is Nutrition Assistance Program Participation or Food Security Status Associated with Parental Feeding Style or Child Body Mass Index? *FASEB J.* March 28, 2015.
12. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.** Are Fathers' Feeding Practices Associated with Preschool Age Children's Diet Quality, Eating Behavior, or Weight? *FASEB J.* March 28, 2015.

13. Vollmer R.L.*, Adamsons K., Foster J.S.*, **Mobley A.R.** Do Low-income Mothers and Fathers of Preschool Children Share Similar Concerns and Perception about Their Child's Body Weight? *FASEB J.* March 28, 2015.
14. Peters P., **Mobley A.R.**, Proctor S., Contreras D., Gold A., Smathers C., Oscarson R., Keim A. Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment. *International Conference and Exhibition on Obesity and Weight Management* (December 2014)
15. Albanese R.R.*, Vollmer R.L.*, Smith J.S.*, **Mobley A.R.** Exploring the Influence of Paternal Race, Ethnicity, Education Level, and Child Gender on Paternal Feeding Style: Implications for Childhood Obesity Prevention. *The Obesity Society* (November, 2014)
16. Wang J.S., Bennett M., Cloutier M.M., Dugan A.G., Gadlin H., **Mobley A.R.**, Pescatello L.S., Swede H., Gorin A.A. Thinking Big about Obesity: A Transdisciplinary Team Science Building Initiative. *The Obesity Society* (November, 2014)
17. Vollmer R.L.*, Adamsons K., Gorin A., Smith J.S.*, **Mobley A.R.** Investigating the relationship of body mass index, diet quality, and physical activity level between fathers and their preschool age children. *The Obesity Society* (November, 2014)
18. Chea M.*, Drake L.T., Snyder L.B., **Mobley A.R.** Evaluating differences in the perceptions of the Dietary Guidelines consumer messages between nutrition educators and their low-income clients. *J Acad Nutr Diet* (October, 2014)
19. **Mobley A.R.**, Adamsons K., Vollmer R.L.*, Rose A.*, Smith, J. S.* Is it time for father-focused childhood obesity prevention programs for low-income families? A needs assessment and feasibility study. *FASEB J.* April 28, 2014: 808.19.
20. Hubbs-Tait L., **Mobley A.R.**, Kimble A.B., Hayes J., Dickin K., Sigman-Grant M. Relation of control in parenting and feeding styles to child overweight and obesity. *FASEB J.* April 28, 2014: 808.7.
21. Kimble A.B., Hubbs-Tait L., Hayes J., Sigman-Grant M., Jahns L., Dickin K., Idris R., **Mobley A.R.** Caregiver's feeding styles questionnaire - new factors and correlates. *FASEB J.* April 28, 2014: 808.4.
22. Smith J.S.*, Contreras D., Gold A., Keim A., Oscarson R., Peters P., Proctor S., Remig V., Smathers C., **Mobley A.R.** What nutrition and physical activity policies and practices are most lacking in early childhood centers within rural communities? *FASEB J.* April 28, 2014: 808.20.
23. Peters P., **Mobley A.R.**, Proctor S., Contreras D., Gold A., Bruns K., Oscarson R., Keim A. Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment, *J Nutr Educ Behav* 2013; 45(4S):UP39.
24. Vollmer R.L.*, **Mobley A.R.** Relationship between Parental Feeding and Child Eating Styles in Low-income Families with Preschool Age Children, *FASEB J.* April 9, 2013. 27:37.2.

25. Davis L.*, Morgan S.E., **Mobley A.R.** . Beyond '5-A-Day': An examination of memorable messages within a fruit and vegetable intervention for low-income African Americans, *J Acad Nutr Diet* 2012;112(9):A-16.
26. Remig V., **Mobley A.R.**, Proctor S., Contreras D., Gold A., Bruns K., Oscarson R., Keim A., Peters P. Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity, *J Nutr Educ Behav* 2012: 44(4S):UP22.
27. Doherty E.F.*, MacGeorge E.L., Maulding M.K., **Mobley A.R.** Qualitative evaluation of advertisements promoting milk product consumption among women ages 60 years and older. *J Nutr Educ Behav* 2012: 44(4S):S48.
28. Levine E., Abbatangelo-Gray J., **Mobley A.R.** Evaluating MyPlate: An expanded framework using traditional and nontraditional metrics for assessing health communication campaigns. *J Nutr Educ Behav* 2012: 44(4S):P27.
29. Dickin K.L., Hubbs-Tait L. Sigman-Grant M., Jahns L., **Mobley A.R.**, Willits-Smith A. What can child silhouette data tell us? Exploring links to parenting, food and activity behaviors, BMI, and maternal concerns, *JISBNPA* (May 2012)
30. **Mobley A.R.**, Vollmer R.L.*, Sigman-Grant M. Relationship of parental dyad feeding styles on children's weight status and related obesogenic behaviors, *FASEB J.* March 29, 2012 26:1011.6
31. Dickin K.L., Hubbs-Tait L. Sigman-Grant M., Jahns L., **Mobley A.R.** Feeding practices correlated with authoritative parenting style and responsive feeding style scores, *FASEB J.* March 29, 2012 26:1011.14.
32. Vollmer R.L.*, Sigman-Grant M., **Mobley A.R.** Don't forget about dad: Exploring paternal influences on children's weight status and eating behaviors, *FASEB J.* March 29, 2012 26:1011.7.
33. Rogers R.L.*, Sigman-Grant M., **Mobley A.R.** Differences in feeding practices and perceptions of childhood obesity messages among low-income mothers of young children. *J Am Diet Assoc* 2011 :111(9):A-13
34. Neuenschwander L.M.*, Abbott A., **Mobley A.R.** Development and evaluation of a nutrition education website for low-income adults. *J Am Diet Assoc* 2011:111(9):A-102.
35. **Mobley A.R.**, Ebner R.*, Rogers R.*, Sullivan J.*, Jensen J.D. Attitudes, beliefs and barriers related to milk consumption in low-income women ages 60 years and older. *FASEB J* 2011: 25:767.1.
36. Chen A.M.H.*, Yehle K.S., Plake K.S., **Mobley A.R.**, Yi J.S. Food for the Heart: Understanding responses of patients enrolled in cardiac rehabilitation toward web-and mobile-based nutrition tools. *Journal of the American Pharmacists Association* 2011: 51(2):219.
37. **Mobley A.R.**, Riggin A.*, Abbott A. Calcium intake and associated knowledge and behaviors of low-income women. *J Am Diet Assoc* 2010:110(9):A-99.

38. Rogers R.L.*, Sigman-Grant M., **Mobley A.R.** Low-income mothers' perceptions and implementation of family meal messages. *J Nutr Educ Behav* 2010: 42(4S):S92.
39. Brace L.M.*, Abbott A., **Mobley A.R.** A randomized trial to determine impact of a label reading video on nutrition knowledge. *J Nutr Educ Behav* 2010: 42(4S):S92-S93.
40. Sigman-Grant M., Dollahite J., Dickin K., Strom H., Olson B., Wengreen H, **Mobley A.R.**, Krogstrand K.S. Qualitative evidence of the disconnect between intent and interpretation of common child obesity prevention messages. *FASEB J* 2010: 24:747.2.
41. Brace L.M.*, Abbott A., Maulding M., **Mobley A.R.** Assessment of low-income adults' access to technology *J Am Diet Assoc* 2009:109(9):A55.
42. **Mobley A.R.**, Brace L.* Nutrition education needs of emergency food program workers. *J Nutr Educ Behav* 2009:41(4S):S24.
43. Sigman-Grant M., Dickin K., Dollahite J., **Mobley A.R.**, Olson B., Krogstrand K.S., Strom H., Wengreen H. Low-income mothers' inputs about prominent child overweight prevention messages. *J Nutr Educ Behav* 2008:4(1):S65-S66.
44. **Mobley A.R.**, Lawyer H., Faith J., Mobley S.L. Motivational influences for participating in a worksite wellness program. *J Am Diet Assoc* 2007:107 (8): A-104.
45. **Mobley A.R.**, Ridge T., Faith J., Sands L., Mobley S.L. Diagnosis of type 2 diabetes influences behaviors in diet, exercise and weight control. *FASEB J* 2007:21(5):A529.5.
46. **Mobley, A.R.**, Kantor M., Thurmond V., Mobley S.L. Assessing multiple weight control behaviors using "Stages of Change": Implications for using a tailored approach during weight management counseling. *J Am Diet Assoc* 2006:106 (8): A-23.
47. Mobley S.L., **Mobley, A.R.**, Kantor M., Thurmond V. Cumulative probabilities for metabolic syndrome using multiple body composition indices. *FASEB J* 2006:20: A-665.9.
48. **Mobley, A.R.**, Kantor M., Thurmond V., Mobley S.L. Using waist circumference and body mass index to determine risk of metabolic syndrome and glucose intolerance. *FASEB J* 2006:20: A-821.2.
49. **Rossi A.**, DiSilvestro R., Blostein-Fujii A. Effects of soy consumption on exercise induced acute muscle damage and oxidative stress in young adult males. *FASEB J* 1998: 12(5):A563.

Technical:

1. Office of Dietary Supplements, National Institutes of Health. *Annual Bibliography of Significant Advances in Dietary Supplement Research*. 2002, 2003, 2004
2. Office of Dietary Supplements, National Institutes of Health. *Dietary Supplements, Coagulation and Anti-thrombotic Therapies Post Conference Bibliography*. 2005

Educational (sample list):

1. Purdue University, Foods and Nutrition Fact Sheet Series, Cooperative Extension, Topics: Beverages, Family Meals, Feeding Young Children, Sodium; 2008

2. Calcium Fact Sheet, National Institutes of Health, Office of Dietary Supplements (URL: <http://ods.od.nih.gov/factsheets/calcium.asp>); 2004
3. "Phytochemicals, Vitamins of the Future?", The Ohio State University Extension Fact Sheet HYG-5050-98.
4. "Chemoprevention, The Answer to Cancer?", The Ohio State University Extension Fact Sheet HYG-5051-98.

Other Research Activities

Editorial Board:

1. International Journal of Behavioral Nutrition and Physical Activity (July 1, 2015-present)
2. Journal of Nutrition Education and Behavior (June 1, 2016-present)
3. Journal of the Academy of Nutrition and Dietetics (June 1, 2016-present)

Adhoc Reviewer:

1. Journal of Nutrition Education and Behavior (2006-present)
2. Appetite (2013-current)
3. Maternal and Child Nutrition (2013-present)
4. Journal of the Academy of Nutrition and Dietetics (2014-present)
5. Pediatrics (2015)
6. International Journal of Obesity (2014-present)
7. Childhood Obesity (2015-present)
8. BMC Public Health (2015-present)
9. Public Health Nutrition (2015-present)
10. Ecology of Food and Nutrition (2016-present)
11. Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity (2014)
12. Journal of Nutrition and Health Sciences (2014)
13. Preventive Medicine (2013)
14. American Journal of Lifestyle Medicine (2012)
15. Progress in Community Health Partnerships: Research, Education, and Action (2012)

Invited Reviewer:

1. Academy of Nutrition and Dietetics, Academy Position Paper Reviewer: Nutrient Density (2016)
2. Review: Moving Toward Mindful Portions in America. Author: Lisa Young, PhD, RD; published by Nestle
3. Academy of Nutrition and Dietetics, Academy Position Paper Reviewer: Total Diet Approach to Communicating Food and Nutrition Information (2012)

Grant Reviewer:

1. Netherlands Organisation for Scientific Research (NWO), National Initiative Brain and Cognition (2014)
2. Netherlands Organisation for Health Research and Development (ZonMw), Program Healthy Nutrition (2009)

Member, USDA National Institute of Food and Agriculture Multi-State Research Projects:

- W2005: Parenting, energy dynamics, and lifestyle determinants of childhood obesity: New directions in prevention, October 1, 2012 – Sept 30, 2017
- W1005: An Integrated Approach to Prevention of Obesity in High Risk Families, October 2006 – Sept 30, 2012.
- NCDC211: EFNEP Related Research and Outreach, October 2006 – Sept 30, 2008.

Teaching Experience

Students Mentored - University of Connecticut**PhD Students (current)**

1. **Advisor**, Jaime Foster, MS, RD, Department of Nutritional Sciences. “An examination of household food security’s measurement, report and experience by gender” Ph.D. expected December 2017.
2. **Advisor**, Jesse Chiero, MS, Department of Nutritional Sciences, Ph.D. in progress (spring 2015-present)
3. **Advisor**, Rebecca Heller, RD, Department of Nutritional Sciences, Ph.D. in progress (Fellow, UConn Outstanding Scholar Program) (fall 2015-present)

PhD Students (completed)

4. **Advisor**, Molika Chea, MS, CHES, Department of Nutritional Sciences. "Examining factors that may prevent low-income families from meeting the Dietary Guidelines for consuming fruit, vegetables, and whole grains" Ph.D., August 2017. Post-Graduate Position: Adjunct faculty: UConn Hartford, CT & Worcester State University, MA
5. **Advisor**, Rachel Vollmer, MS, RD, Department of Nutritional Sciences. “The Forgotten Parent: Exploring Paternal Influences on Young Children’s Eating Behaviors, Diet Quality, Physical Activity, and Body Weight” Ph.D., May 2014. Post-Graduate Position: Assistant Professor, Department of Family & Consumer Sciences, Illinois State University
6. Associate advisor, Mastaneh Sharafi, MS, Department of Nutritional Sciences. Ph.D., December 2015
7. Associate advisor, Santo Coleman, MPH, Department of Public Health and Community Medicine.” Role of Fathers on Masculinity and Obesity in African American Adolescent Males.” Ph.D., August 2015

Master’s Students (current)

1. **Advisor**, Julian Chan, Department of Nutritional Sciences (fall 2017-present)

Master’s Students (completed)

1. Associate advisor, Cassondra Hunter, Department of Nutritional Sciences, “Dietary Patterns and Inflammation: Protein’s Potential for Reducing Muscle Wasting Post Anterior Cruciate Ligament (ACL) Surgery” MS, May 2017
2. Associate advisor, Danielle Bloom, Department of Nutritional Sciences. “The Female Athlete Body Project: Potential to Improve Eating Behaviors in Collegiate Athletes” MS, August 2015.
3. Associate advisor, Von Jessee, Department of Human Development and Family Studies. “Fatherhood and Food: Food Insecurity and Paternal Role Associations with Father and Child Diet Quality” MS, May 2015.

4. **Advisor**, Laura Joseph, Department of Nutritional Sciences, “Does Nutrition Education Influence Snack Choices of Preschoolers? MS, August 2014.
5. **Advisor**, Jaime Smith, RD, Department of Nutritional Sciences, “Determining the relationship of food security status and participation in nutrition assistance programs on parental feeding style and childhood obesity.” MS, May 2014.
6. Associate advisor, Erin Lenz, Department of Psychology. “Pretreatment Predictors of Weight Loss in a Comprehensive Behavioral Weight Loss Program,” MA, December 2013.
7. Associate advisor, Katherine Yarbrough, Department of Public Health and Community Medicine. “Association between food insecurity and the availability of and consumption of sugar sweetened beverages among preschool children,” MPH, August 2012.

Honors Students (undergraduate):

- **Advisor**, Rebecca Albanese, Department of Nutritional Sciences, “Exploring the Influence of Paternal Race/Ethnicity, Education Level, and Child Gender on Paternal Feeding Style,” BS (Honors) in Nutritional Sciences, May 2014.
- **Advisor**, Emily Taylor, Department of Allied Health Sciences, “Examining Food Insecurity, Depression, and Weight-Related Attitudes of Low-Income Mothers and Fathers,” BS (Honors) expected May 2018
- **Advisor**, Allison Contillo, Department of Nutritional Sciences, BS (Honors) expected May 2018.

Visiting scholar

University of Birmingham, UK

1. Andrew Jolly, PhD Student (September 2017, Universitas 21 Foreign Exchange Programme)

Students Mentored - Purdue University

PhD Students:

1. **Co-Chair**, LaShara Davis, MA, Department of Communication. “Beyond ‘5-A-Day’: An examination of memorable messages within a fruit and vegetable intervention for low-income African Americans,” Ph.D., August 2011.
2. Committee member, So Yeong Lim, Department of Agricultural Economics, “The effect of macroeconomic shocks on the Food Stamp Program,” Ph.D., August 2011.
3. Committee member, Cheryl Armstrong, MS, RD, Department of Foods and Nutrition. “6-n-Propylthiouracil: Orosensory Influence on Taste, Diet, and Chronic Disease Risk” Ph.D., December 2007.

MS Students:

1. **Chair**, Lauren Brace Neuenschwander, RD, Department of Foods and Nutrition. “Evaluation of a web-based nutrition education program for low-income adults,” MS, May 2011.
2. Committee member, Jennifer Faith, Department of Foods and Nutrition. “Lifestyle behaviors, body mass index and health status similarities in spouses: A large cohort study in the workplace,” MS, August 2007.

Honors Students (undergraduate):

- **Honors’ advisor**, Amber Riggan, Department of Foods and Nutrition. “Calcium intake in low-income women in Indiana,” BS in Dietetics/Nutrition, Fitness & Health, December 2009.

Courses Taught

University of Connecticut

Instructor:

- NUSC 1165: Fundamentals of Nutrition, UConn (fall 2012-2016)
Enrollment: 120 undergraduate major and non-major students
- NUSC 3230 Principles of Community Nutrition, UConn (spring 2012-2017)
Enrollment: 100 undergraduate nutrition science, dietetics and allied health students
- NUSC 4295 Special Topics: Dietary Supplements and Nutraceuticals, UConn (fall 2011) – new
Enrollment: 18 undergraduate nutrition science and dietetics students
- NUSC 5398 Special Topics: Advanced Nutrition Education Methods in the Community, UConn (fall 2013) – new, Enrollment: 5 graduate nutritional sciences and public health students
- NUSC 5398 Special Topics: Obesity Assessment, Prevention and Treatment throughout the Lifecycle, UConn (Fall 2017) – new, Enrollment, 12 graduate nutritional science and allied health sciences students, 3 undergraduate senior allied health students

Independent Study, Field Experiences, Honors Thesis, Honors Course Conversions (UConn):

- NUSC 3180: Community Nutrition Experience (2012-current)
- NUSC 3291: Nutrition Internship (2015-current)
- NUSC 4299: Independent Study (2013-current)
- NUSC 4296W: Honors Thesis (2014: Rebecca Albanese)

Honors Course Conversions:

- NUSC 4295 (2011:1 student)
- NUSC 3230 (2014: 2 students; 2015:3 students; 2016: 2 students; 2017: 2 students)
- NUSC 1165 (2015: 2 students)

Guest Lecturer:

- HDFS 3095 Food and the American Family (spring 2017), UConn
- PSYC 3885 Obesity Prevention Learning Consortium (fall 1014), UConn
- NUSC 4295 Special Topics: Dietary Supplements and Nutraceuticals (fall 2012), UConn
- NUSC 1165 Fundamentals of Nutrition (fall 2011), UConn

Other Universities

Instructor:

- FN 330: Diet Selection and Planning, Purdue University, fall semester (2006-2010)
Enrollment: 75-112 undergraduate dietetics, nutrition science and non-major students
- FN 530: Public Health Nutrition, Purdue University, spring semester (2007-2009)
Enrollment: 55-86 undergraduate and graduate nutrition major students
- NFSC 100: Elements of Nutrition, University of Maryland (2003, 2004)
Enrollment: 40 undergraduate major and non-major students

Graduate Teaching Assistant (laboratory instructor and substitute lecturer):

- NFSC 380: Nutrition Assessment (2002-2004), University of Maryland
- NFSC 460: Medical Nutrition Therapy (2003-2005), University of Maryland
- HNFM 314: Experimental Foods (1997), The Ohio State University
- HNFM 350: Quantity Food Production (1996), The Ohio State University

Guest Lecturer:

- FN 105: Current Issues in Nutrition and Food Safety (2007-2010), Purdue University
 FN 106: Profession of Dietetics (2007-2011), Purdue University
 FN 190H: Freshman Honors Seminar, College of Family and Consumer Sciences (2006), Purdue University
 FN 290H: Sophomore Honors Seminar, Foods and Nutrition (2006-2010), Purdue University
 FN 315: Fundamentals of Nutrition (2007), Purdue University
 FN 520: Medical Nutrition Therapy (2007), Purdue University
 HSCI 201: Principles of Public Health Science (2007-2011), Purdue University
 HLTH 140: Personal and Community Health (2003, 2004), University of Maryland
 HNFM 210: Fundamentals of Nutrition (1997), The Ohio State University

Scientific/Conference Presentations

International

- 6/15 Initial evidence and future opportunities in engaging fathers of preschool age children in the prevention of childhood obesity. International Society for Behavioral Nutrition and Physical Activity. Edinburgh, Scotland
 5/09 Consumer Research and Educational Tools for the Nutrient Rich Foods Model, International Workshop on Nutrient Richness/ Nutrient Density, Utrecht, The Netherlands

National

- 7/17 Can Community Coaching Enhance Coalitions' Capacity to Create Healthy Nutrition and Physical Activity Environments for Young Children in Rural Communities? Society for Nutrition Education and Behavior, Washington, DC
 4/16 Current Limitations and Future Opportunities in Evaluating Behavioral Nutrition Interventions in the Community, Experimental Biology meeting, San Diego, CA
 7/15 Evaluating the MyPlate Communication Initiative: Evidence to Date and a Call for Crowdsourcing, Society for Nutrition Education and Behavior, Pittsburgh, PA
 1/14 Food & Fiber Summit, Kellogg Company, Washington, DC
 10/12 Careers in Dietetics, Future Options to Consider, Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, Philadelphia, PA
 10/11 Today's Fiber Deficit: Assessing Opportunities to Fill the Gap: Consumer Insights, Kellogg's Fiber Roundtable, Chicago, IL
 3/11 Going with the Grain: Solutions to Achieve 2010 Dietary Guidelines Fiber Recommendations, Society for Nutrition Education and Behavior National Webinar
 11/10 Novel Approaches to Help Americans Meet Dietary Fiber Intake Goals, American Dietetic Association Food and Nutrition Conference and Expo, Boston, MA
 4/09 Helping Americans Achieve Better Health with Nutrient Rich Foods: A Scientifically Valid, Consumer Driven Approach Nutrition News Forecast, American Dietetic Association Spokesperson training, Chicago, IL
 12/08 Nutrient Rich Foods: A Positive Approach to Building Healthy Diets, National Webinar for Health Professionals
 11/08 Nutrient Rich Foods: A Positive Approach to Building Healthy Diets, ADA Dietitians in Business and Communications and Nutrition Education for the Public Dietetic Practice Groups, National Webinar
 10/08 Putting the Nutrient Rich Foods Index into Practice: Tools for Consumer Applications, American College of Nutrition Annual Meeting, Washington, DC

Regional/State

- 10/15 Initial Evidence And Future Opportunities In Engaging Fathers Of Preschool Age Children In The Prevention Of Childhood Obesity, University of Rhode Island, Department of Nutrition and Food Sciences
- 7/11 The New Dietary Guidelines: Putting Policy into Practice, Florida Dietetic Association Annual Meeting, Weston, FL
- 4/09 Helping Consumers Make Sense of Front of Pack Labeling, Nebraska Dietetic Association Annual Meeting, Lincoln, NE

Local

- 3/16 Community-based Practices and Policies to Prevent Early Childhood Obesity, Mansfield Advocates for Children, Mansfield Town Council, Mansfield, CT
- 3/15 Don't forget about Dad: Novel Approaches to Childhood Obesity Prevention" UConn Center for Health, Intervention and Prevention Obesity seminar, Storrs, CT
- 3/11 Attitudes, Beliefs and Barriers Regarding Milk/Milk Product Consumption in Older Women, Corporate Affiliates, Purdue University
- 2/11 Attitudes, Beliefs and Barriers Regarding Milk/Milk Product Consumption in Older Women, Center for Aging in the Life Course, Purdue University
- 1/11 Community-Based Research to Improve Nutrition Programming and Outreach, Department of Nutritional Sciences, University of Connecticut, Storrs, CT
- 5/09 Nutrition for Sale: Marketing your Nutrition Message to Change Behavior, Nutrient Rich Symposium, Greenwood, IN
- 5/09 Nutrient Rich Foods: A Positive Approach to Building Healthy Diets, May Conference, Purdue University, West Lafayette, IN
- 4/07 Behavioral-based Approaches for Chronic Disease Prevention and Treatment: Tips for Nutrition Practice, Indiana Committee on Renal Nutrition, Indianapolis, IN

Other Presentations or Trainings

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- 4/11 Facts & Fallacies: Nutrition in the Golden Years, Purdue University Retirement Association
- 9/10 Update of Web-based Nutrition Education Project and Nutrition Education Evaluation Tools Process, Indiana Nutrition Education Programs Annual Training, Indianapolis, IN
- 5/10 Cost Benefit Analysis Project Training, Statewide Webinar, Indiana Family Nutrition Program (SNAP-Ed)
- 4/10 Comparison of Web-based Versus In-Person Nutrition Education Project Training, Statewide Webinar, Indiana Family Nutrition Program (SNAP-Ed)
- 2/10 Environmental and Policy Approaches to Promoting Healthy Eating and Physical Activity in Indiana Communities, Purdue University *Healthy Planet* Symposium, West Lafayette, IN
- 12/09 Front-of-Pack Labeling and Nutrient Rich Foods, Statewide Webinar, Purdue Extension and Indiana Nutrition Education Programs (SNAP-Ed, EFNEP)
- 9/09 Calcium Project Results and New Surveys Review, Indiana Nutrition Education Programs Annual Training, Indianapolis, IN
- 4/09 Small Steps to Health: Impact Evaluation, Priester National Extension Health Conference, Indianapolis, IN
- 4/09 Short-term and Medium-term Evaluation Tools Refresher, Indiana Family Nutrition Program, Statewide Video Teleconference
- 2/09 Influence of a Label Reading Video on Nutrition Knowledge Project Training, Special Webinar, Indiana Family Nutrition Program (SNAP-Ed)

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- 4/08 Short-term and Medium-term Evaluation Tools Refresher, Indiana Family Nutrition Program, Statewide Video Teleconference
- 4/08 Healthy Habits for Life, Alpha Chi Omega sorority, West Lafayette, IN
- 12/07 Introduction to New Short-term and Medium-term Evaluation Tools for the Indiana Family Nutrition Program, Statewide Video Teleconference
- 12/07 Calcium Assessment in Low-income Women Project, Statewide Video Teleconference, Indiana Nutrition Education Programs (SNAP-Ed, EFNEP)
- 8/07 Formative Testing Results of New Short-term and Medium-term Evaluation Tools, Indiana Family Nutrition Program Annual Training, Peru and South Paoli, IN
- 7/07 Friend or Foe? Emergency Food Assistance Programs & Clients with a Medical Condition, Indiana TEFAP Advisory Committee, Indianapolis, IN
- 5/07 Social Marketing Overview, Indiana Family Nutrition Program May Retreat, West Lafayette, IN
- 5/07 Certification in Human Subjects Research/Institutional Review Board, Purdue University Indiana Family Nutrition Program, Statewide Video Teleconference
- 3/07 Career Guidance for Graduate Nutrition Students, Penn State Nutrition & Dietetics Alumni Society Mentoring Luncheon, State College, PA
- 4/07 Ask Amy: Answers to Your Most Common Nutrition Questions, Indiana Family Nutrition Program Annual Training, Peru and South Paoli, IN
- 2/07 Meal Planning for Low-Income Audiences Training, Indiana Family Nutrition Program, West Lafayette, IN
- 9/05 Family Mealtime: Connecting Families with Food, Maryland Dietetic Association, Hanover, MD
- 4/02 Feeding Kids in the New Millenium: Challenges and Controversies
Ohio Chapter, Pediatric Nurse Practitioners and Nurse Associates, Dayton, OH
- 4/02 Got Media Skills?
Ohio Chapter, Pediatric Nurse Practitioners and Nurse Associates, Dayton, OH
- 3/02 The Expanding Role of Probiotics in Human Health
The Ohio State University, Columbus, OH
- 3/02 Functional Foods, Past and Present, Columbus Dietetic Association, Columbus, OH
- 4/01 Have You Fed Your Bones Today? Making the Calcium Connection
North American Taiwanese Women's Association meeting, Columbus, OH
- 3/01 Calcium, Whether You Are 6 or 60, You Never Outgrow Your Need
Ohio Dietetic Technicians, Annual Meeting, Columbus, OH
- 1/01 Calcium, Whether You're 6 or 60, Columbus Dietetic Association, Columbus, OH
- 11/00 Dairy Council Resources/Get Up and Grow Program
Central Ohio WIC Regional Directors Meeting, Columbus, OH
- 3/00 Calcium throughout the Lifecycle
Ohio Society for Public Health Education annual meeting, Columbus, OH
- 3/00 What's Your Nutrition IQ? Ohio Women's Farm Bureau, Columbus, OH
- 2/00 Mature Americans, Mind Your Minerals Ohio State University Faculty Emeriti,
Nelsonville, OH
- 6/99 Think Your Drink, Ohio WIC educators' annual meeting, Reynoldsburg, OH
- 4/99 Nutrition Update: Dietary Approaches to Stopping Hypertension
National Student Nurses Association Annual Meeting, Pittsburgh, PA
- 3/99 The DASH Study: Implementing the Results, Dietetic Association, Columbus, OH
- 2/98 Beans, Berries and Grapes, Oh My! Ohio Power Show, Columbus, OH
- 12/97 The Mighty Soybean – Its' Contribution to Nutrition and Health
Riverside Methodist Hospital nutrition department, Columbus, OH

Additional Training

2014	Grantsmanship Training Workshop for Health Behavior Researchers, Center for Health, Intervention and Prevention, University of Connecticut
2010	Teaching for Tomorrow Fellowship Program, Purdue University
2009, 2011	Grant Writers' Seminars and Workshops, LLC
2007	Social Marketing Training Academy, Center for Social Marketing College of Public Health, University of South Florida
2007	American Dietetic Association Leadership Institute
2006	USDA/CSREES North Central Regional Integrated Grant Program Workshop
2006	Preventing Childhood Obesity: An Ecological Approach Distance Course Division of Nutritional Sciences & eCornell, Cornell University (6 weeks)
2004	Certificate of Training in Adult Weight Management Commission on Dietetic Registration, American Dietetic Association
1998-2002	Media Spokesperson Training, National Dairy Council

Professional Memberships and Leadership Activities

Memberships

Academy of Nutrition and Dietetics

- Weight Management Dietetic Practice Group
- Nutrition Education for the Public Dietetic Practice Group

American Society for Nutrition (ASN)

- Nutrition Education and Behavioral Science RIS
- Obesity RIS
- Community and Public Health RIS

Society for Nutrition Education and Behavior

- Higher Education Division

Connecticut Academy of Nutrition and Dietetics

Leadership Activities

American Society for Nutrition (ASN), Nutrition Education and Behavioral Science RIS

- Past-Chair (June 2016-May 2017)
- Chair (March 2015- June 2016)
- Lead Judge & Coordinator, Emerging Leaders in Nutrition Science Poster Competition (2015 & 2016)
- Awards committee (2017)
- Major Symposium chair (2016)
- Chair-elect (2014-2015)
- Chair, social media committee (2014-2015)
- Abstract reviewer (2015, 2016)
- Mentoring Program Steering Committee (2011-2012)
- Chair, Childhood Obesity Prevention Mini-symposium (2015 & 2016)
- Co-chair, Nutrition Education and Behavior Change Mini-symposium (2014)

ASN, Graduate and Professional Education Committee, Student Liaison (2004-2006)

Academy of Nutrition and Dietetics

- Weight Management Dietetic Practice Group
 - Director, Membership Recruitment and Retention (2008-2009)
 - Associate Director, Membership Recruitment and Retention (2007-2008)

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- Representative, Nutrient Rich Foods Coalition (NFRC)- Consumer Communications and Nutrition Behavior Advisory Committee (2007-2013)

Society for Nutrition Education and Behavior

- Director-at-Large (2017-present)
- Meeting Research Abstract Reviewer (2014)
- Annual Meeting Program Proposal Reviewer (2012, 2014)

Kellogg Company, Nutrition Communication and Consumer Behavior Consultant (2010-2013)

Maryland Dietetic Association (2002-2006)

- State Media Spokesperson (2004-2006)
- Nominating & Public Relations Committee (2004-2006)

Columbus Dietetic Association

- Chair, Public Relations (2000-2001)
- Elect, Public Relations (1999-2000)
- Member, "Super Sunday" Annual Race Committee (2000)
- Chair, National Nutrition Month Committee (2000)
- Member, National Nutrition Month Committee (1999)
- Member, Nominating, Scholarships & Awards Committee (1998-1999)

Ohio Nutrition Council (1998-2002)

- President (2001-2002)
- President-Elect (2000-2001)
- Member, Strategic Planning Committee (2000-2002)
- Chair, Publicity & Media Awards (1998-2000)
- Newsletter Contributor (2000-2002)
- State of Ohio Science Fair Judge, Human Nutrition Award (2001, 2002)

The Ohio State University

- Dietetic Internship Advisory Committee Member, Department of Human Nutrition & Food Management (1998-1999)
- Didactic Program in Dietetics Advisory Committee, Department of Human Nutrition & Food Management (1997)
- Vice President, Graduate Society of Nutritional Sciences (1996-1998)

The Pennsylvania State University

- Past President, Nutrition & Dietetics Alumni Society (2005-2006)
- President, Nutrition & Dietetics Alumni Society (2004-2005)
- Member, College of Health and Human Development Alumni Board (2004-2005)
- Vice President, Nutrition & Dietetics Alumni Society (2002-2004)
- Secretary, Nutrition & Dietetics Alumni Society (2000-2002)
- Nominating Committee Chair, Nutrition & Dietetics Alumni Society (2002)
- Student Awards Chair, Nutrition & Dietetics Alumni Society (2001, 2002)

University of Maryland, Food and Nutrition Graduate Society (2002-2006), President (2003-2004)

University Service and Community Outreach Activities

University of Connecticut*University*

2017	Grant Panel, UConn InCHIP Graduate Student Research Seed Grant
2016	Grant Panel, Research Excellence Program, Office of the Vice President for Research
2016	Grant Panel, UConn/UConn Health Dental School Interdisciplinary Grant program, InCHIP
2016-present	Interdisciplinary Graduate Certificate in Obesity Prevention Committee, InCHIP
2015-2016	Centers & Institutes Re-Envisioning Committee, University of Connecticut
2014	NEASC Accreditation subcommittee, University of Connecticut
2014	Connecticut Institute for Clinical and Translational Science/Center for Health, Intervention and Prevention Obesity Research Interest Group Leadership Team
2014	CHIP Obesity Research Seed Grant reviewer

College – Agriculture, Health and Natural Resources (CAHNR)

2017	Public Health Major, Exploratory Committee
2015	Sustainability Graduate Program Development Committee
2015 & 2016	Undergraduate commencement ceremony marshal
2015	Open House, incoming undergraduate students
2015	UConn Reads CAHNR/CLAS Event, Food Expert “Life raft” Debate]
2014	Graduate Research Forum Judge
2012-present	Cooperative Extension and Engagement Committee
2012-2016	Cornucopia Fest Planning Committee

Department – Nutritional Sciences

2017	Promotion, Tenure and Reappointment (PTR) Committee
2016	Merit Committee
2015-present	Departmental Seminar, Co-Coordinator
2011-present	Graduate Education Committee
2011-2013	Diet & Health Initiative, Research Committee

Purdue University

2010-2011	Advisor, War on Hunger student interest group, Purdue Chapter
2009-2010	Healthy Planet Wellness Week, Nutrition Committee Chair, Purdue University
2009-2010	Eat Healthy, Move More, Live Well Theme Advisory Group (TAG) member, Purdue University Extension
2009-2010	Issue Based Action Team (IBAT), Healthy Eating Move More Website (\$2500 funded), Purdue University Extension
2008-2011	Interdepartmental Nutrition Graduate Program Admissions Committee
2008-2009	Mary Louise Foster award selection committee, College of Consumer and Family Sciences
2007-2010	Annual (May) conference committee, Department Foods and Nutrition
2007-2011	Spring Fest committee, Department of Foods and Nutrition
2007-2008	<i>Bone Zone</i> educational outreach exhibit committee, Dept Foods and Nutrition
2006-2011	Awards committee, Department of Foods and Nutrition
2006-2010	Hall of Fame committee, Department of Foods and Nutrition

Local or Statewide (CT, IN, OH)

2014-2015	“Let’s Go” Obesity Prevention Advisory Committee, Windham Public Schools
2012-current	Health Services Advisory Committee, Manchester Head Start Program
2011-2014	Connecticut Coalition Against Childhood Obesity
2011-2012	Team Nutrition Grant Advisory Committee, Connecticut State DOE
2011	Scholarship Selection Committee, Indiana Dietetic Association
2007-2011	Indiana Advisory Committee, The Emergency Food Assistance Program
2006-2011	Family Nutrition Program (SNAP-Ed) Advisory Board, Purdue Extension
2006-2008	Action for Healthy Kids Initiative, Indiana
2006-2008	INSight Youth Corps, Indiana Department of Health, Advisory Partner
2007-2008	Governor’s INShape Summit Committee
2007-2008	Indiana Department of Health, Youth Summit Planning Committee
2005-2006	“Take 15 for the family...For the Health of It” Statewide Initiative, Office of Maryland First Lady Kendel Ehrlich, Maryland Dietetic Association
2003-2006	Action for Healthy Kids Initiative, Maryland
2002-2006	Maryland Healthy Eating and Physical Activity Coalition
2001-2002	Ohio Alliance for Cardiovascular Health, Ohio Department of Health
2001	Cardiovascular Health Coalition, Columbus Health Dept.
2001	Franklin County Coordinated School Health Coalition
1999-2000	Community Health Task Force, American Heart Association, Ohio