

**University of Connecticut Cooperative Extension System
Family and Community Development Programs:**

Help families and individuals improve communication, parenting skills and manage their money and other resources.

Teach consumers and agency staff to apply lead poisoning prevention in their homes and communities.

Encourage citizens to increase their leadership skills and to use them to benefit their communities and improve their lives.

Our faculty and staff develop and deliver objective, research based educational programs on a wide variety of issues of importance to families, individuals and communities. Contact us for more information about training, publications, curriculum, and other resources on these and related topics. We welcome opportunities to collaborate on new projects.

The Connecticut Cooperative Extension System is a statewide, informal education system within the University of Connecticut College of Agriculture and Natural Resources and the School of Family Studies. Cooperative Extension educational programs and problem-solving assistance are based on the research of land-grant universities such as the University of Connecticut. Nationally, the Cooperative Extension System is a publicly funded, lifelong educational system that links the education and research resources and activities of 74 land-grant institutions, 3150 counties, and the United States Department of Agriculture (USDA).

Cooperative Extension programs are delivered throughout Connecticut in one-on-one sessions, workshops, short courses, demonstrations, print publications, videotapes, radio, newspaper, periodicals and the Internet. Our educational programs cover a wide range of issues, with emphasis on:

- Animal Health and Agriculture
- Family, Community and 4-H Youth Development
- Food, Nutrition, and Food Safety
- Natural Resources, Land Use and Environment
- Plant Agriculture, Horticulture, and Gardening

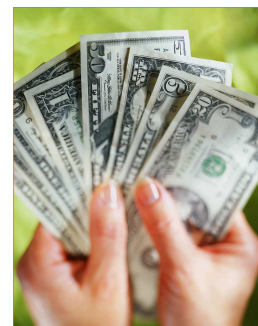
Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Gregory J. Weidemann, Director, Cooperative Extension System, University of Connecticut, Storrs. An Equal opportunity program provider and employer. To file a complaint of discrimination, write USDA Director, Office of Civil Rights, Room 326W, Whitten Building, Stop Code 9410, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (202)720-5964.

Every effort will be made to provide special accommodation if requested at least fourteen days in advance.

Managing Family Money and Other Resources

**Workshops and Training for
Professional and Community Groups**

Fall 2010 — Spring 2011



**University of
Connecticut**

College of Agriculture
and Natural Resources
Cooperative Extension
System

Life changes... and so do your finances!

Making financial decisions can be challenging.

The **University of Connecticut Cooperative Extension System** provides a variety of financial education programs designed to address the needs of families, individuals and youth. Businesses, social service agencies, community organizations and others partner with Cooperative Extension in providing these programs for their employees, members and clients. Training in teaching financial literacy skills is also available.

For more information about these and other financial education opportunities or to schedule workshops for your agency or organization, contact:

Faye Griffiths-Smith
Associate Extension Educator
Family Economics and Resource Management
University of Connecticut Cooperative Extension System
305 Skiff Street
North Haven, CT 06473
Voice: 203.407.3160
E-Mail: faye.griffiths-smith@uconn.edu

Managing Family Resources

When Less is More



Economic, environmental and social changes may be causing you to reconsider how you can use resources wisely. In this workshop, you will review and reflect on some of your current practices, determine household priorities and identify steps toward achieving them.

Balancing Family Life and Work

Strategies for managing time, family and work responsibilities are the basis of this workshop. Setting goals and priorities, reviewing time usage and developing an action plan are emphasized.



Adult Financial Literacy

Beyond Paycheck to Paycheck

Managing your family's money can be challenging, especially in times of economic uncertainty. Identify actions you can take to manage your money more effectively and reach your financial targets.



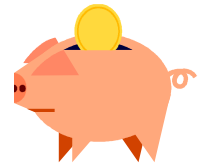
Financial Fitness Checkup



Would you like to improve your financial future? One way to start is by participating in the Financial Fitness Checkup. This workshop will help you review your current status and identify actions you can take to improve your financial situation.

Parents, Kids and Money

In this session designed for parents and the professionals who work with them, we'll discuss the importance of financial literacy for youth, how children learn about money and identify opportunities for parents to teach their children.



Youth Financial Literacy

Welcome to the Real World, Connecticut Edition!



Offered in partnership with schools and community groups, this simulation event gives teens the opportunity to try life as a single 25 year old by selecting a career, making decisions and living within a monthly income.

Financial Facts of Life

Young people need to learn about money now so they will be better prepared to make financial decisions in the future. "Hands-on" learning activities engage the earners in actively applying what they have been taught.

