



CONNECTICUT 4-H RECORD KEEPING



ALTERNATE ACTIVITY RECORD

An Activity Record is a “snapshot or summary” of your entire 4-H year. List your 4-H activities for this year only. Record your activities at the time you do them. Keep this 4-H Activity Record with your project records. Use only one Activity Record for each 4-H program year even though you may be in more than one club and have more than one project.

Name _____ Age as of January 1st _____

Years in 4-H (Counting this year) _____ 4-H Program Year _____

Independent member _____		
	# Meetings Held	# Attended
Club#1 Business meetings _____	_____	_____
Club#2 Business meetings _____	_____	_____
Project#1 meetings _____	_____	_____
Project#2 meetings _____	_____	_____
Project#3 meetings _____	_____	_____

GENERAL 4-H GOALS In addition to project goals, 4-Hers, to be members in good standing, should have a goal related to their general 4-H involvement. DO NOT choose a goal related to your specific project. Check one of the goals listed below or choose your own and explain how you are going to achieve it.

My general goal for 4-H this year is (check one)

Public speaking Leadership Community Service
 Club participation Fair participation 4-H promotion
 Teen leadership Other _____

This year, I am going to meet this goal by:

PUBLIC SPEAKING List this year's 4-H demonstrations, speeches, power points, illustrated talks, radio and/or television appearances. Only list presentations conducted during this 4-H year.

Date	Title Of Your Presentation	Where Did You Do Presentation

*4-H sponsored events

4-H Club-4-HCL; 4-H County-4-HC; 4-H State-4-HS; 4-H Multi-state-4-HM; 4-H National-4-HN

* non 4-H sponsored events

non4-H Local- L; non4-H County-C; non4-H State-S; non4-H Multi-state-M; non4-H National-N

LEADERSHIP Please check all that apply. This year I was a leader in the following ways:

Club officer President Vice President Treasurer Secretary
 Reporter Photographer Assistant officer- what office? _____

Did you have *other* leadership experiences in 4-H this year?

Helper- for what	
Committees- which one(s)?	
Other	

4-H COMMUNITY SERVICE I did the following to help my community.

Date	Activity	# Of Hours Spent (Include Preparation Time)	Level*

*Individual-L; Club-CL; County-C; State-S; Multi-state-M; National-N

Attach one or two selected photographs or news articles (optional)

Equal opportunity employer program provider

10/1/11