



Hawley Armory Fitness & Wellness Programs Presents Aqua Aerobics at UCONN!!



Aqua aerobics is one of the best and safest ways to get fit! It keeps the heart and lungs healthy while toning the body and reducing fat, and also provides a good opportunity for a fun splash in the water! Join us for some fun! Tell your friends!

When: Mondays and Wednesdays 11am-noon!*

Where: Wolff Zackin Pool, UCONN

Session Dates: Mon Sept 12– Wed Dec 14th

Cost: \$80 for fall session

Parking: Park at Gampel or take the shuttle from Mansfield Senior Center or retired UCONN employees can get a parking pass for \$5 to park in Areas 2 and 3 on campus

Please **preregister** so we have a count for the class! Fill out the form below and mail it in with your payment to:

UCONN, Dept AHS, Unit 2101 Storrs 06269.

Questions? Call Colleen at 486-0035

***no class Thanksgiving week**

Aqua Aerobics Fall 2011 Registration

Name _____

Address _____

Phone number _____

Email address _____

Payment enclosed \$80 _____

Make checks payable to University of Connecticut

